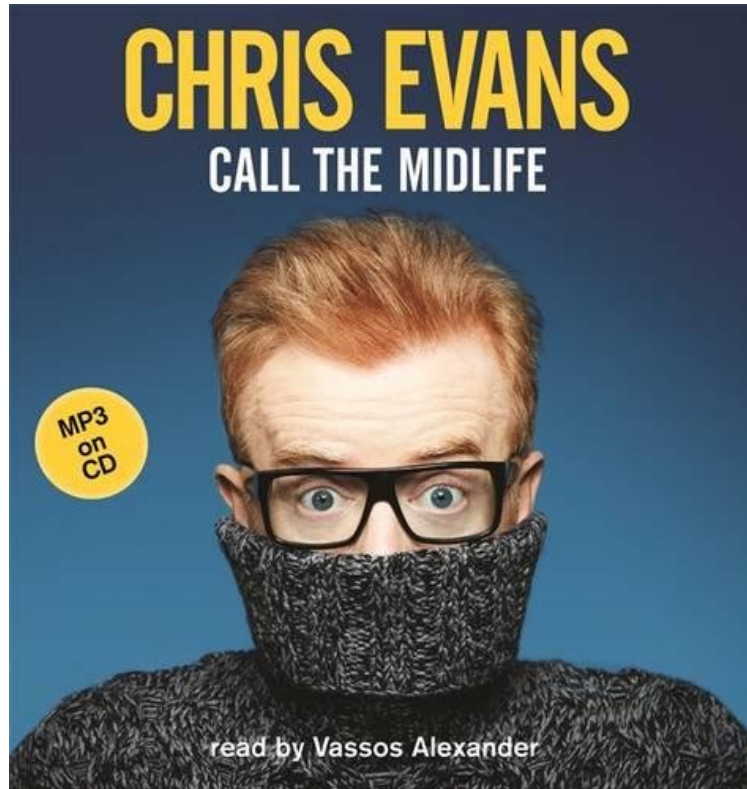


Call the Midlife

Chris Evans

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2015-12-01 Formats: Audiobook, CD, Unabridged Original language: English 5.35 x .59 x 5.591, .84 Binding: Audio CD | File size: 21.Mb

Chris Evans : Call the Midlife before purchasing it in order to gauge whether or not it would be worth my time, and all praised Call the Midlife:

During his run into turning FIFTY, CHRIS EVANS is on a MISSION. To take stock of WHERE HE IS and WHERE HE'S AT in order to figure out how BEST to get the MOST out of what he BELIEVES are the BEST YEARS yet to come. His typically positive and upbeat journey involves ONE HUNDRED DAYS of contemplation, research, focus, frustration and DECISION MAKING while SECRETLY: *Training for The London MARATHON* Bringing back his cult Nineties TV show TFI FRIDAY* And the small matter of suddenly being asked to take over TOP GEAR. HEALTH, LOVE, MARRIAGE, SEX, DEATH and even RELIGION all come under his witty microscope as he poses the conundrum - MIDLIFE: CRISIS vs OPPORTUNITY ? There can only be one winner. Read by Vassos Alexander MP3 ON CD - THIS MP3-CD CANNOT BE PLAYED ON ALL DISC PLAYERS. PLEASE MAKE SURE YOU HAVE ACCESS TO AN MP3 COMPATIBLE DEVICE.

With his half-century looming, Chris took stock of where he was in his life. From training for the London Marathon to quitting the booze and bringing back TFI Friday, this is the entertaining story of his midlife rethink * BEST * About

the AuthorChris Evans began his broadcasting career at Manchester Piccadilly radio, going on to become a household name in TV and radio. With his production company Ginger he launched and presented the hugely successful Channel 4 shows The Big Breakfast, Don't Forget Your Toothbrush and TFI Friday. After working for Radio 1 and then Virgin Radio, Chris joined Radio 2 in 2005. He is now presenter of the Radio 2 breakfast show, which attracts 9.6 million listeners a week. He also presents the Friday edition of BBC1's The One Show with Alex Jones. Follow Chris Evans on Twitter @achrisevans