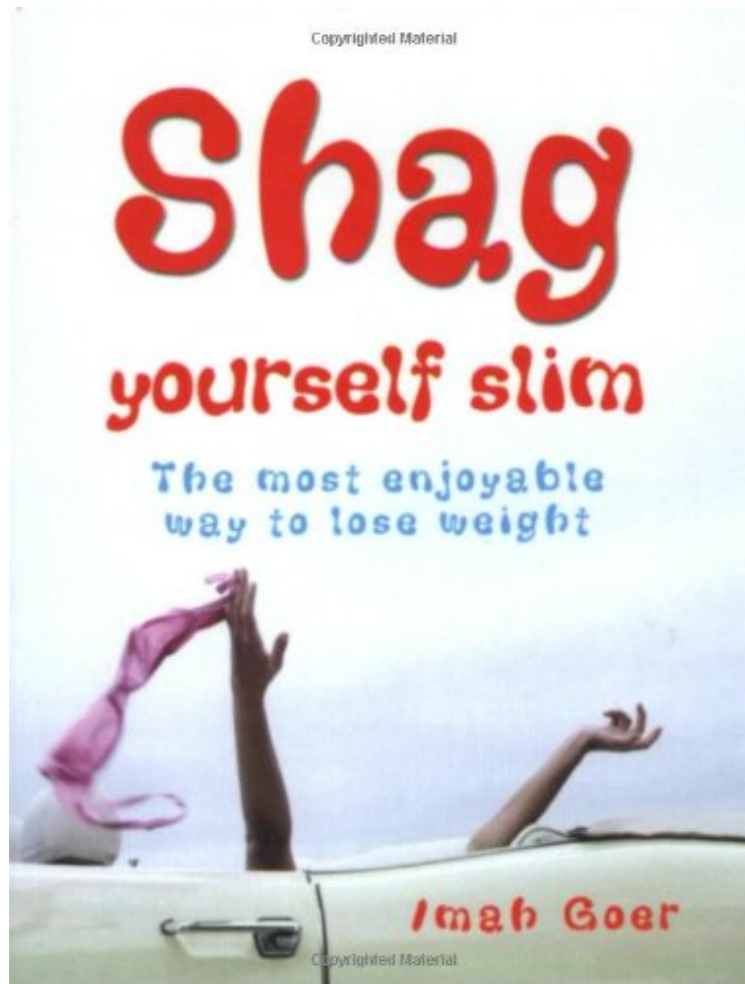


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Shag Yourself Slim: The Most Enjoyable Way to Lose Weight

Imah Goer

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Imah Goer : Shag Yourself Slim: The Most Enjoyable Way to Lose Weight before purchasing it in order to gage whether or not it would be worth my time, and all praised Shag Yourself Slim: The Most Enjoyable Way to Lose Weight:

0 of 0 people found the following review helpful. Don't get this
By Moon
This was a book that I thought was going to be informative about how to seriously loose weight via shagging. Ya know? complete with calories burned for different positions. Not the case. This is some small pocket book that quips off some smart information about positions but doesn't offer any insights into shagging for weight loss or how it can be productive to weight loss in relationship to our health as human beings. I wanted more. Who says you can't loose weight and do it while having fun and gaining intimacy and burning calories. With that sad, it was disappointing.
I do not recommend.
0 of 0 people found the following review helpful. Three Stars
By Catia Matos
Funny

Forget diets...Forget the gym...Forget everything you knew about losing weight... Every aspect of shagging burns calories. And this book tells you how many calories each position will burn*. So get this book, get shagging and get slim! * Only aids weight loss as part of a calorie-controlled diet.